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NEWS



■ Gareth Rowlands, centre, presents Maria Seleari from the Alzheimer's Association of Cyprus with information

Taking Alzheimer's message to Cyprus

An Alzheimer's campaigner from Brookmans Park has been in Cyprus to help support efforts to battle the disease.

Gareth Rowlands set up Battle Dementia as a Big Society project, and has been writing booklets full of activities

and ideas for people with the condition.

He presented booklets to the Alzheimer's Association of Cyprus.

Retired maths lecturer Mr Rowlands told the *WHT*: "Lots of people in Cyprus are suffering

from Alzheimer's from the age of 30.

"Their way of life is very slow, they're not rushing round like we are and not being very active, that's a big problem."

For more about the project, go to www.battledementia.co.uk